

Kolpos

Kiparissia

PELOPONNESE

PENINSULA

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Gerolimenas

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EASTERN

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Glyfa

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FROM KILLINI

Canal, where appropriate signs indicate whether the current is for or against.

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CLIMATE

CURRENTS

LANDSCAPES

Glyfa - Katakolo

Katakolo - Agrilos

Agrilos - Marathoupoli

Navarinos - Modone

Modone - Finikounda

Marathoupoli - Navarinos

Finikounda - Agios Andreas

Agios Andreas - Calamata

Agios Nikolaos - Karavostasi

Karavostasi - Gerolimenas

Kitries - Agios Nikolaos

Gerolimenas - Skoutari

Plitra - Neapoli Voion

Makronisos - Kapsali

Neapoli Voion - Agia Pelagia

Neapoli Voion - Makronisos

Skoutari - Giteo

Giteo - Elsa

Elsa - Plitra

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temperatures may easily reach 40°.

to the passage of cyclonic storm fronts.

DISTANCES BETWEEN THE MAIN

PORTS AND MARINAS IN MILES

TO CAPO MALEAS

The climate in the Peloponnese Peninsula is typically Mediterranean featured by cold, wet winters and hot, dry summers. In

summer, along the coasts, temperatures rarely reach extremes, as they are often mitigated by cool, dry northern winds. Inland,

In the Gulf of Corinth, winds tend to be on an east-west (EW) axis. They are rarely strong, storm surges are not frequent and, given the low fetch length, the sea state is rarely very challenging. In the western part of the Peloponnese Peninsula, the wind circulation is mainly from Mistral (North-Westerly Wind) and Sirocco (South-Easterly Wind). Libeccio (South-Westerly Wind)

and Ponente (Westerly Wind), which may create a very rough sea state, are particularly challenging. In the two Gulfs of the

southern part of the Peloponnese, Messiniakós and Lakonikós, the northern winds tend to rotate, thus coming from the southern quadrants. Also in this sea area, the most challenging winds come from the south and Ponente, thus generating a significant sea state. In summer, Kythera is exposed to the Meltemi or Etesian Northerly Winds, the seasonal wind blowing

from the end of June to the beginning of September and, given the Island's location in the open sea, may create waves of

significant height. Indicative of this is the fact that in the stretch of sea between Kythera and Crete, the Admiralty Sailing Directions or Pilots record some of the highest waves in the Mediterranean Sea. In winter, the Southern Ionian Sea is subject

Throughout the Peloponnese Peninsula, currents are of weak intensity, as are tides. These phenomena are never taken into

account in navigation and planning. In strong winds, surface currents may reach around 2 knots. An exception is the Corinth

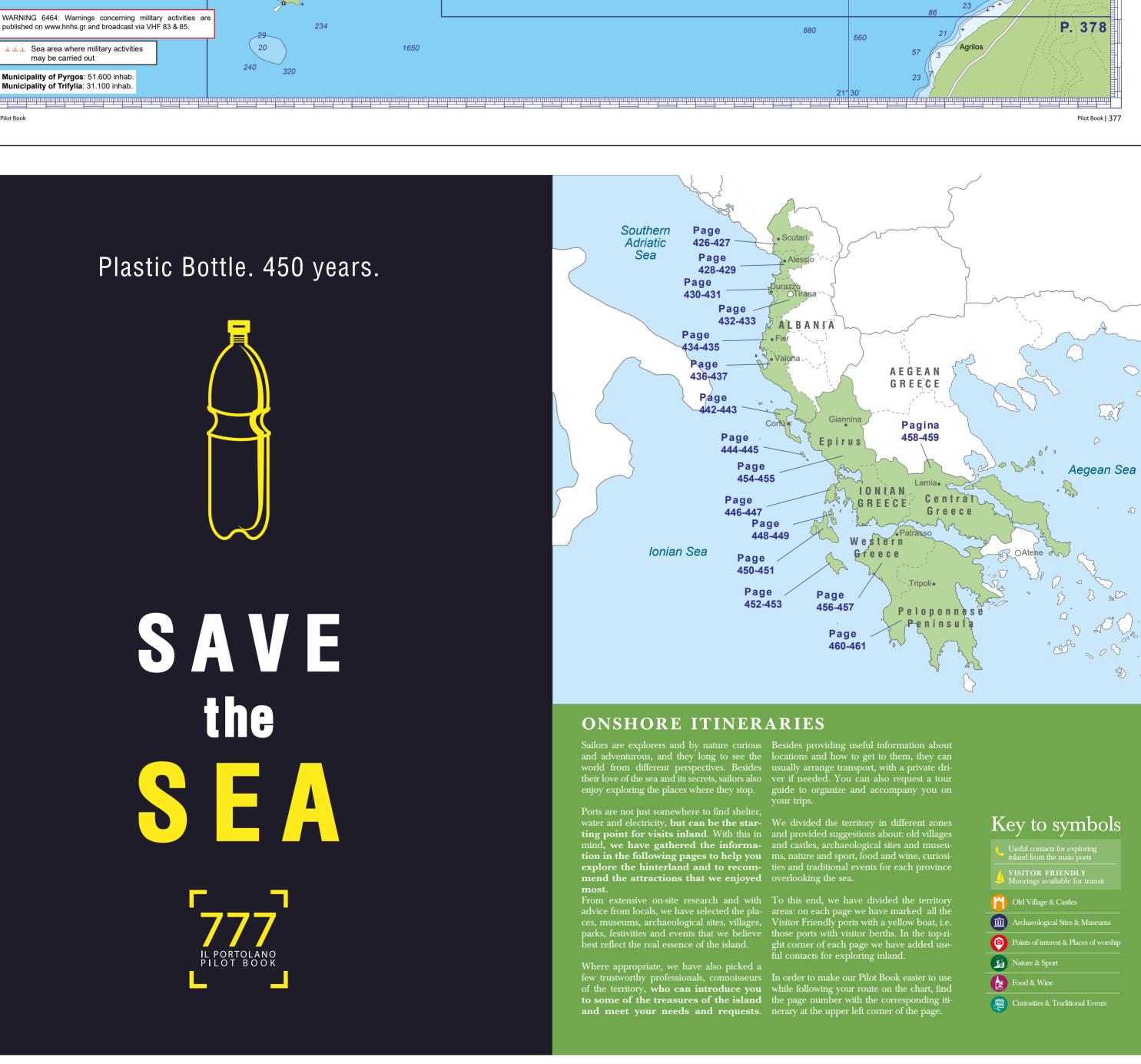
The Gulf of Corinth has two very different landscapes. The Northern Coast is very indented, full of inlets and gulfs, with mountains often dropping steeply into the sea. Whereas the Southern Coast has a very set back mountainous line, making

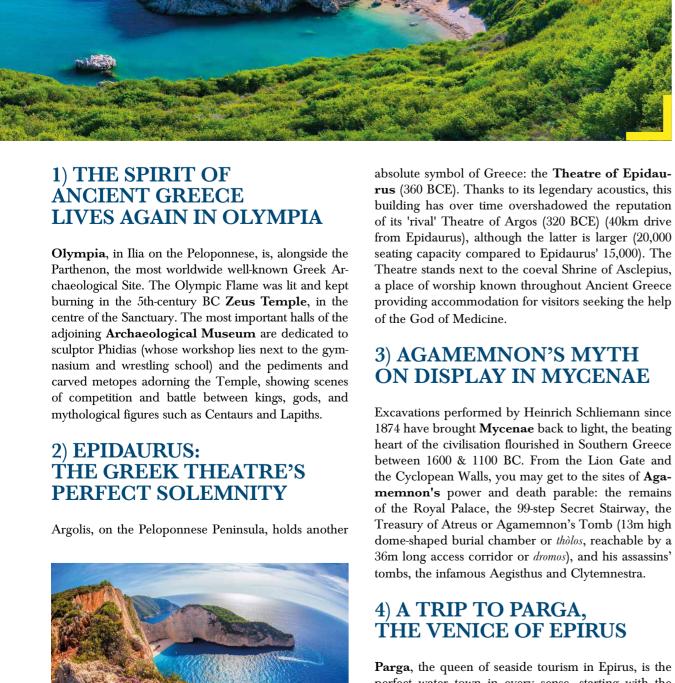
the coastline flat and monotonous. The Western part of the Peloponnese Peninsula also has a flat and monotonous coastline.

with the exception of the beautiful and very picturesque Navarino Bay in the south. The three Capes of Akritas, Taínaron, and Maléa, the two Gulfs of Messiniakós and Lakonikós, and the two Island of Elafónisos and Kythera mark out the Southern part of the Peloponnese or Pelopónnisos Peninsula and outline a rugged coastline full of inlets and anchorages. Only the Northern

part of the Lakonikós Kólpos or Gulf of Laconia is flat and often marshy. Kythera is a mountainous, rugged, wild island of rare

beauty. Its isolation in the extreme South-East (SE) of the Ionian Sea makes it a destination rarely visited by nautical tourism.





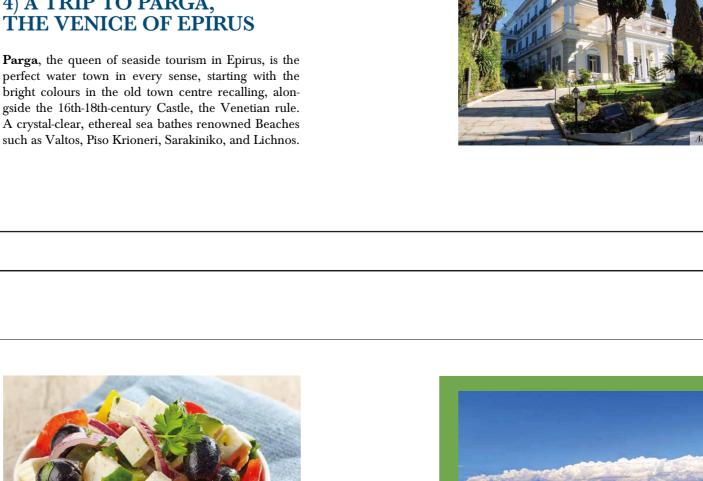
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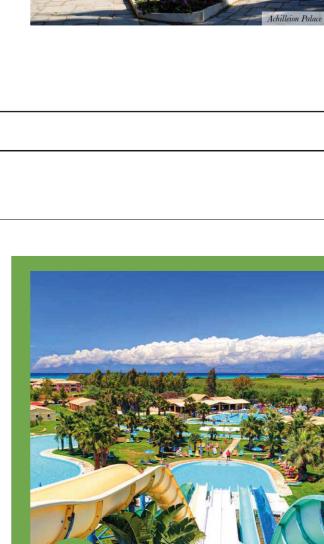
GREECE'S TOP

Throughout Western Greece, the ancestral flavours of meat and cheese reign supreme: cu-

stard pies, cakes, and stuffed buns such as bougatsa

BITES & SIPS





From Parga, you may also reach interesting port towns

such as Igoumenitsa and places of myth such as the

Nekromanteion of Acheron: the Oracle of Death and the dried up lake, which for the ancients served as a

5) ORACLE SHRINE OF

DELPHI: APOLLO'S VOICE

The rituals performed at the Sanctuary of Delphi fe-

atured the Pythia, Apollo's priestess who would go into

a trance caused by vapours escaping from the ground. The Pythia officiated in the majestic Temple of Apollo (4th century BCE), the heart of the Témenos or Sacred

Enclosure. Equally impressive are the surrounding

structures such as the Sacred Way (the access road to

the Témenos, decorated with the Treasures of the póleis

raided by Nero in 67 AD), the 5,000-seat Theatre, the

Stadium with its 180m track, the Castalian Spring, and

Among the Greek Islands in the Ionian Sea, Ithaca is

a true land of myth: its whole territory is dot-

ted with spots recalling the Journey of Ulysses.

The most renowned is the Arethusa's Spring, 10km dri-

ve south of Vathy Bay. In this cave, overlooked by a

Cliff called Korax, meaning Raven's Rock, Ulysses is

said to have met the swineherd Eumaeus, who remai-

ned faithful to him during his absence. Eumaeus' hut

and his legendary stables were located on the verdant

In the south-west of Lefkada, 40km away from the

Island's capital city, lies the 'Goats' Port', considered

Plateau of Marathiá, in the south-west of Ithaca.

7) PORTO KATSIKI ON

THE MOST BEAUTIFUL

BEACH IN THE IONIAN

LEFKADA ISLAND:

GREEK ISLANDS

6) ON THE TRACK OF

ÚLYSSES IN ITHACA

door to Hades.

the Shrine in Marmaris.

The Achilleion Palace, located on top of the village of Gastouri on Corfu Island, had been, since 1891, the summer residence of Empress Elisabeth of Austria (the legendary 'Sissi') and, since 1907, of German Emperor Wilhelm II. It was commissioned by Sissi in memory of her son, Crown Prince Rudolf, who died in 1889. Sissi wanted to give the Achilleion a heroic dimension, inspired by Achilles' Homeric myth. The Achilleion Park hosts a statue of the dying hero, which was later joined by a bronze statue of "Achilles Victorious", commissioned by Wilhelm. Pilot Book | 439 ONSHORE ITINERARIES - IONIAN GREECE

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by many travellers to be the most beautiful Beach in

the whole of Ionian Greece. Porto Katsiki can only be accessed by a steep 80-step panoramic stairway.

The dazzling whiteness of the pebbles on the Beach, the infinite shades of turquoise and green in a pool of

water that seems to go on forever, the perfect symmetry of the rocky scenery surrounding it, make viewing

MONASTERY IN KEFALONIA

The Monastery of Agios Gerasimos, in the middle

of the Omala Valley, was founded in the 16th century

by Kefalonia's patron saint. The Monastery today con-

sists of the ancient church and a modern temple with

decorations and marble in full Byzantine style. St Gerasi-

mus' death is commemorated in a striking fresco, where

his soul is symbolised by a baby in swaddling clothes. St Gerasimus' remains are kept in a silver reliquary and

carried in procession twice a year (August & October) in

the garden of the Monastery, under a plane tree planted

Zakynthos' most renowned Navagio or Shipwreck

Beach is located in the north-west of the Island. The

idyllic scenery of white pebbles, turquoise waters, and

cliffs contrasts with the subtle disquiet of the sand-co-

vered Shipwreck of the Panagiotis, the motorboat used

by cigarette smugglers which ran aground in the Bay

in October 1980. The shades of blue in the water are

due to the presence of sulphur in the surrounding ca-

ves. The Beach can be observed from above thanks

to a panoramic walkway and a terrace jutting out into

10) THE ACHILLEION PALACE

IN CORFU: SISSI'S DREAM

9) THE MYSTERY OF

ZAKYNTHOS NAVAGIO

8) THE GREEN MAGIC OF

the Bay a highlight for all tourists.

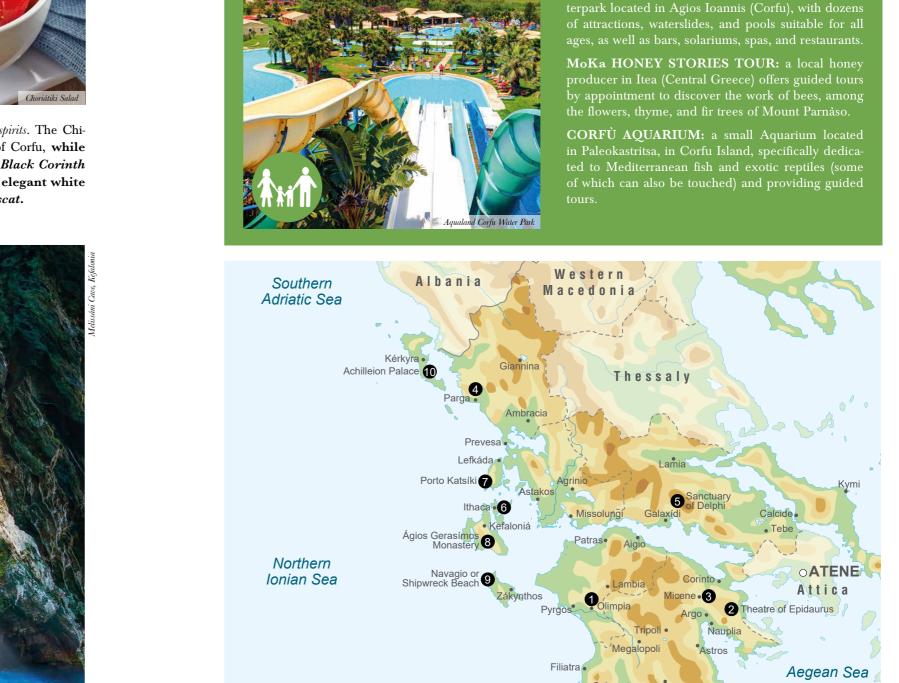
ÁGIOS GERASIMOS

by the Saint himself.

BEACH

the void.

FUN FOR KIDS & ADULTS: ACTIVITIES FOR THE WHOLE FAMILY For a relaxing day or family fun, here are our top tips: AQUALAND CORFU WATER PARK: a large Wa-



and kreatópita (lamb, feta cheese, and herbs) are very terpark located in Agios Ioannis (Corfu), with dozens of attractions, waterslides, and pools suitable for all ages, as well as bars, solariums, spas, and restaurants. popular, as are kounéli stifádo (rabbit meat stew with tomatoes and soft baby onions) and kefalotyri (a very hard sheep's or goat's cheese, to be grated or fried). As for fish, bourdetto (spicy scorpion fish stew) is popular in the Ionian Islands. Whereas the Peloponnese region abounds in pike, eel, and carp paired with Messenia artichokes and Kalamata and Amfissa black olives. Nevertheless, local flavours may also take on swefigs, and plums flavour ouzo and raki spirits. The Chieter hues, with fruity or slightly spicy flavours nese mandarin or kumquat is typical of Corfu, while noticeable in desserts and spirits. Cinnamon, walnuts, Mavrodaphne vines of Patras and Black Corinth and almonds are the basic ingredients of baklava pastry, offer savoury counterparts to the elegant white often accompanied by honey (Mount Parnassus' howines Robóla and Cephalonia Muscat. ney is renowned). Aniseed, liquorice, fennel, sesame, On the islands and in the hinterland of the Ionian Sea, the most a colours for the eyes take shape: the red of the Venetian bell towers, which take on joyful shades of bright pink when exposed to the light. The gold and green of the olive groves, leading the way to the ineffable tranquillity of monasteries Southern and Orthodox churches. Not to mention the blue and green of mountains. Ionian Sea plains, and waters that seem to have no boundaries bringing to your timeless flavours and scents close to the divine. Pilot Book | 441

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